

Current Evidence Based Protocols on the Use of Therapeutic Modalities

Rehabsurge, Inc.
 2260 Grand Avenue #287,
 Baldwin, NY 11510
 Tel: (516)-515-1267
 www.rehabsurge.com

Pricing Information

Self Study Physical Book Only (through Amazon.com)	\$30
Exam Only (through Rehabsurge.com or by mail)	\$60
Self Study E-Book and Exam (through Rehabsurge.com)	\$90

Payment Information:

Check Enclosed: Total: \$ _____
 Payable to: Rehabsurge, Inc.

Credit Card: Visa/ MC Discover Amex
 Card Number: _____

Exp Date: Security Code

Name on Card: _____

Authorized Signature: _____

Answer Sheet:

1. _____ 11. _____
2. _____ 12. _____
3. _____ 13. _____
4. _____ 14. _____
5. _____ 15. _____
6. _____ 16. _____
7. _____ 17. _____
8. _____ 18. _____
9. _____ 19. _____
10. _____ 20. _____

Name _____

Profession _____ License Number _____

Company _____


Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Course Objectives

- Understand how different treatment modalities benefit the different musculoskeletal conditions.
- Identify the mechanisms of action of iontophoresis, low-level laser therapy, electrical stimulation, and spinal decompression therapy.
- Choose the best modalities for osteoarthritis and rheumatoid arthritis.
- Prescribe the best treatment protocol for knee pain, neck pain, and shoulder pain based on evidence-based guidelines.
- Differentiate between therapeutic modalities and therapeutic procedures.



CAROLINE JOY CO, PT, DPT, CMT, CSFA

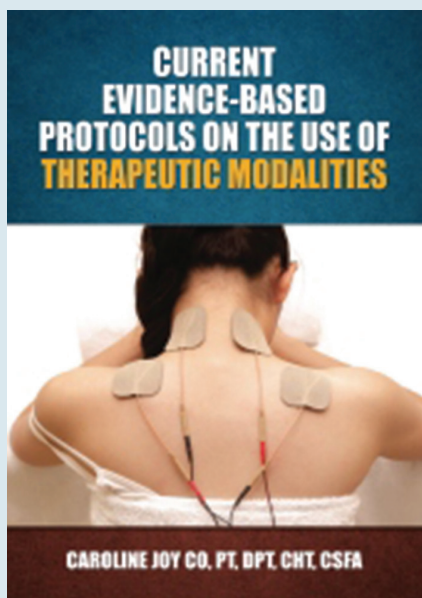
CURRENT EVIDENCE-BASED PROTOCOLS ON THE USE OF THERAPEUTIC MODALITIES

CURRENT EVIDENCE BASED PROTOCOLS ON THE USE OF THERAPEUTIC MODALITIES

Earn 9 continuing education hours for only \$90!



Current Evidence Based Protocols on the Use of Therapeutic Modalities



Course Description

This book explores the effectiveness of therapeutic modalities and therapeutic procedures commonly used by physical therapy providers for the treatment of neurological and musculoskeletal disabilities. Current evidence-based clinical practice guidelines that have been developed for the treatment of neurological and musculoskeletal conditions will be discussed. Useful supplemental information has been provided in Chapter 4 and Chapter 5.

This material outlines common injections and modalities administered by physicians as well as medications frequently prescribed by physicians. Although neither injections nor the prescription of medications are under the scope of practice of the rehabilitation provider, therapists must have a fundamental understanding of these adjunctive treatments.

About the Author

Caroline Joy Co, PT, DPT, CHT, CSFA, is a licensed physical therapist and certified hand therapist whose clinical experience includes acute, subacute, home health, and outpatient settings. Her background includes Community-Based Therapy that is designed to help people with disabilities access therapy in their communities. She is the President and CEO of

PTSponsor.com, an online resource for U.S. hospitals and clinics that seek to sponsor and hire foreign-trained rehabilitation therapists. She specializes in hand therapy through an integrated approach that includes education, counsel, and exercise. She is also certified in functional assessment for work hardening and work conditioning.

Co is also the President of Iconic Rehab, a contracting agency. Her past affiliations include Long Beach Medical Center in New York, Horizon Health and Subacute Center in California, and Grandell Therapy and Nursing Center. Co was a professional speaker for Summit Professional Education, Cross Country Education and Dogwood Institute. She received her transitional doctorate from A.T. Still University and her BS in Physical Therapy from University of the Philippines College of Allied Medical Professions. She is licensed in California, Nevada, and New York.



You will earn 9 continuing education hours for \$90.

Course Content

Chapter 1: Therapeutic Modalities

- Biofeedback (CPT code 90901)
- Compression (97016)
- Continuous Passive Motion (CPM) Contrast Baths (CPT code 97034)
- Diathermy (Short Wave) (CPT code 97024)
- Electrical Stimulation (CPT code G0283)
- Extracorporeal Shock Wave Therapy (CPT code 0019T, 0101T)
- Fluidotherapy (CPT 97022)
- Infrared Therapy (CPT 97026)
- Iontophoresis (CPT 97033)
- Laser Therapy (Low-Level)
- Paraffin Bath (CPT Code 97018)
- Spinal Decompression Therapy and Mechanical Traction (97012)
- Thermotherapy - Superficial Heat and Cold (CPT 97010)
- Ultrasound (CPT 97035)
- Ultrasound - Sonophoresis/Phonophoresis
- Whirlpool (CPT 97022)/ Hydrotherapy (CPT 97036)

Chapter 2: Therapeutic Procedures

- Aquatic Therapy with Therapeutic Exercise (CPT code 97113)
- Gait Training (includes Stair Climbing) (CPT Code 97116)
- Manual Therapy (e.g. connective tissue massage, joint mobilization and manipulation, and manual traction) (CPT Code 97140)
- Massage including Effleurage, Petrissage, and/or Tapotement (Stroking, Compression, Percussion) (CPT code 97124)
- Neuromuscular Reeducation of Movement, Balance, Coordination, Kinesthetic Sense, Posture and/or Proprioception for Sitting and/or Standing Activities (CPT code 97112)
- Orthotic Management & Prosthetic Training (CPT codes 97760-97762)
- Self-Care/Home Management Training (e.g., activities of daily living [ADL] and compensatory training, meal preparation, safety procedures, and instructions in use of assistive technology devices/adaptive equipment) (CPT code 97535)
- Therapeutic Activities – Dynamic Activities to Improve Functional Performance (CPT code 97530)
- Therapeutic Exercises to Develop Strength and Endurance, Range of Motion, and Flexibility (CPT code 97110)
- Wheelchair Management (Assessment, Fitting and Training) (CPT Code 97542)
- Work Hardening/Work Conditioning (CPT Code 97545-97546)
- Sidebar: Complementary and Alternative Medicine

Chapter 3: Evidence-Based Clinical Practice Guidelines

- Clinical Practice Guidelines
- Guidelines for Cervical and Thoracic Spine Disorders
- Guidelines for Low Back Dysfunction
- Guidelines for Hip and Groin Disorders
- Guidelines for Knee Disorders
- Guidelines for Ankle/Foot Disorders
- Guidelines for Shoulder Disorders
- Guidelines for Chronic Pain Conditions (Including Fibromyalgia)
- Guidelines for Fall Prevention
- Guidelines for Frail Elderly
- Guidelines for Osteoarthritis

- Guidelines for Rheumatoid Arthritis
- Guidelines for Osteoporosis
- Guidelines for CVA
- Guidelines for Neurodegenerative Diseases

Chapter 4: Therapeutic Injections and Physician Administered

- Modalities Acupuncture
- Botulinum Toxin Injections
- Dorsal Nerve-Root Ganglion Radiofrequency Ablation
- Epidural Steroid Injection (epidural steroid injection)
- Epiduroscopy and Epidural Lysis of Adhesions
- Intradiscal Steroid Therapy
- Joint Injections
- Platelet-Rich Plasma Injections
- Prolotherapy
- Radiofrequency Medial Branch Neurotomy/Facet Rhizotomy
- Sacroiliac Joint Injection
- Shoulder-Joint Injections
- Soft-Tissue Injections
- Subacromial Injections
- Sympathetic Injections
- Trigger-Point Injections and Dry Needling Treatment
- Viscosupplementation/Intracapsular Acid Salts
- Zygapophyseal (Facet) Injection

Chapter 5: Common Medications Used for Pain Management

- Acetaminophen
- Bisphosphonates
- Calcitonin
- Glucosamine
- Muscle Relaxants, Skeletal Muscle Relaxants
- Narcotics
- Nonsteroidal Anti-Inflammatory Drugs (NSAIDs)
- Opioids
- Steroids, Oral
- Topical Agents
- Tramadol
- Vitamin B6
- Vitamin C

What you will Learn

1. Understand how different treatment modalities benefit the different musculoskeletal conditions.
2. Identify the mechanisms of action of iontophoresis, low-level laser therapy, electrical stimulation, and spinal decompression therapy.
3. Choose the best modalities for osteoarthritis and rheumatoid arthritis.
4. Prescribe the best treatment protocol for knee pain, neck pain, and shoulder pain based on evidence-based guidelines.
5. Differentiate between therapeutic modalities and therapeutic procedures.

Who Should Attend: Physical Therapists and Physical Therapist Assistants

Take the Course Now:
www.rehabsurge.com



Continuing Education Credit

If you do not see your respective state listed, please review your rules/regulations as many states have reciprocal agreements with other state boards/associations.

Physical Therapists, Physical Therapist Assistants: New York: Rehabsurge, Inc. is recognized by the New York State Education Department's State Board for Physical Therapy as an approved provider for physical therapy and physical therapist assistant continuing education. This seminar is awarded 9 contact hours.

Physical Therapists, Physical Therapist Assistants: California: The Physical Therapy Board of California recognizes Rehabsurge, Inc. as an Approval Agency to Approve Providers of Continuing Competency Courses in California for Physical Therapists and Physical Therapy Assistants. This course is approved for 9 CEs/Contact Hours.

Other Professions: This educational offering qualifies for 9 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All Professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Any opinions, findings, recommendations, or conclusions expressed by the author(s) or speaker(s) do not necessarily reflect the views of Rehabsurge, Inc. Rehabsurge, Inc. reserves the right to substitute a qualified instructor due to unforeseen circumstances.

Other Courses Available:

Course Title	CE Hours	Physical Book Through Amazon	Exam only through rehabsurge.com or by mail	E-book and exam through rehabsurge.com
Current Evidence-Based Rehabilitation Protocols for Total Joint Replacements	8	\$30	\$50	\$80
Understanding Medicare MDS 3.0 for the Rehabilitation Professional 2nd edition	15	\$70	\$80	\$150
The Hand: Current Advances in Assessment and Treatment	11	\$40	\$70	\$110
Myofascial Trigger Point Release for the Upper Extremity	3	\$20	\$10	\$30
Starting Your Own Practice From Scratch	15	\$30	\$120	\$150
Current Evidence Based Protocols in Stroke Rehabilitation	11	\$60	\$50	\$110
Nerve Mobilization of the Upper Extremity	3	\$20	\$10	\$30
Proprioceptive Training	7	\$20	\$50	\$70

Our brands:

